CHES Student Newsletter
“The Weekly Tea”

NOVEMBER 23 – 27
IMPORTANT DATES AND DEADLINES

- **November 21 – 29, 2020** – Thanksgiving week, Classes dismissed
- **November 26 – 27, 2020** – Thanksgiving holidays, UA closed
- **December 4, 2020** – Last day to withdraw from Fall Full/Fall 2 terms; Last day of classes
- **December 7 – 11, 2020** – Final exams conducted remotely
- **December 12, 2020** – CHES Commencement – 3 pm CST
ACADEMIC ADVISING

If you need to be cleared to register, please schedule an advising appointment by logging into our **online scheduling system**.

*Please remember to check your Crimson e-mail often.*

If you have advising questions, e-mail your assigned academic advisor directly or e-mail Student Services at **thesstudentservices@ches.ua.edu**.

Please visit our [website](#) for advising information related to specific majors.

Need a permit to register for a course? Please fill out the [online permit request form](#).

Please allow 24-48 business hours for staff to process your request. Confirmation will be communicated via your Crimson e-mail account.
PARTICIPATE IN CHES RESEARCH

Researchers at The University of Alabama are seeking adults ages 18-49 who have recovered from COVID-19 infection

Some young people with COVID-19 infection experience mild symptoms while symptoms of others are more severe. Researchers at The University of Alabama hope to learn more about how certain aspects of your diet and health history may affect symptoms of COVID-19 infection. If you decide to participate, you are being asked to complete an online survey that will take approximately 30-45 minutes to complete.

This is an electronic survey. No names will be collected, and survey responses will be kept confidential. Although compensation is not provided, you will have the opportunity to enter a drawing to win one of ten $25 Amazon gift cards.

Importantly, this survey will help researchers identify diet and lifestyle factors that may help protect against severe COVID-19 illness.

Following the survey link below will allow you to begin the survey, which will be submitted electronically upon survey completion. Please feel free to share the survey link with others who may be interested in participating.

https://universityofalabama.az1.qualtrics.com/jfe/form/SV_8ob7ESzsFb42erz

If you have any questions about this study, please contact Dr. Amy Ellis at aellis@ches.ua.edu or Dr. Han-A Park at hpark36@ches.ua.edu.

If you are between the ages of 18 and 49 and have recovered from COVID, you can help our CHES researchers identify diet and lifestyle factors that may help protect against severe COVID-19 illness.

Please consider participating in this survey: https://universityofalabama.az1.qualtrics.com/jfe/form/SV_8ob7ESzsFb42erz.
NATIVE AMERICAN HERITAGE MONTH

Native American Foodways: Southeastern Traditions in Alabama – Nov. 4 – Dec. 4

Intercultural Diversity Center, Suite 2100 Ferguson Center

In partnership with Moundville Archaeological Park, the Intercultural Diversity Center will be hosting a month-long small foodways exhibit featuring two large cases and four banners of important facts about Native American history and special artifacts from Moundville. This pop-up exhibition will focus on Southeastern Native American subsistence patterns, the importance of Moundville, corn agriculture, the utilization of the Black Warrior River and how most of the subsistence techniques used in prehistory are still being done today.
HOLIDAY GIFT IDEA: UA TARTAN BLANKET SCARF

Want to support CHES scholarships while gifting something uniquely UA?

This warm and cozy tartan blanket scarf is on sale today!

Order yours here!
TIDE TOGETHER SUPPORT FUND

The Tide Together Student Support Fund is an assistance program administered through the Division of Student Life that provides students with access to short term financial help in times of need. Due to the current public health crisis, many students lack the financial resources needed to travel home, to find alternate housing arrangements, or to simply afford food. Some may even lack the technical and digital access to take classes online. The Tide Together Support Fund provides a lifeline for these students.

To learn more about the Tide Together Student Support Fund, please visit https://bamacares.sa.ua.edu/student-assistance/emergency-assistance/.

If you are interested in helping, please visit https://give.ua.edu/tidetogther.