CHES Student Newsletter
“The Weekly Tea”

SEPTEMBER 13 – 17

IMPORTANT DATES AND DEADLINES

• **Monday, September 20** – FALL 2 classes begin
• **Friday, September 24** – Last day to drop a FALL 2 course without a “W”
• **Monday, October 4** – December 2021 graduation applications due in myBama
WELNESS WEEK: FALL STUDENT HEALTH FAIR

Join Health Promotion & Wellness, campus partners, and community partners for a wellness fair on **Wednesday, September 15 from 10:00 am to 2:00 pm**. The fall health fair will be located in the Ferguson Student Center Plaza. Students will be able to learn about various health and wellness services offered on campus and off campus. Once students visit seven tables, they will win a free t-shirt!
Join the Career Center on Thursday, September 16, 2021 at 4 pm CDT for a virtual Zoom panel to learn about potential internship opportunities for Spring and Summer 2022.

Register for the event here: https://ua.joinhandshake.com/events/818003.
In partnership with the UA Career Center, JCPenney will host a discount event for University of Alabama students on **Sunday, September 19, 2021, from 12:00-9:00 PM** at its store located at 1701 McFarland Blvd. E., Tuscaloosa, AL 35404. Select career apparel will be up to 60% off when you use the 30% off coupon during the event.

For more information, contact Schernavia Hall – [schernavia.m.hall@ua.edu](mailto:schernavia.m.hall@ua.edu).
Attend the Fall 2021 Career Fair on **Wednesday, September 22, 2021 from 10 AM – 3 PM** in person at Coleman Coliseum. If you can’t attend in-person, you can join virtually on **Thursday, September 23, 2021 from 1 – 5 PM** on Career Fair Plus. Students in all majors are encouraged to participate and share how their interests and qualifications relate to different internships, co-ops, or full-time positions.

For more information, check out [Handshake](#) and the [Career Center website](#).
Monday, October 4\textsuperscript{th} is the deadline to submit a degree application online through myBama.

For instructions on how to apply to graduate, please visit \url{https://registrar.ua.edu/graduation/}.
Support the CHES Council for Engagement and Outreach by ordering your very own CHES short-sleeve t-shirt or baseball cap! Comfort Colors styles are offered in a variety of colors and sizes. You can choose to have items shipped or you can pick them up in HES Student Services, in 206 Doster Hall.

Visit the following link to place an order: https://ches-ceo.square.site/.
CONNECT WITH YOUR CHES SGA SENATORS!

Grace Federico
gefederico@crimson.ua.edu
Grace Federico is a junior from Cockeysville, MD majoring in Apparel and Textiles with a concentration in Apparel Design. She served as a Senator for the College of Human Environmental Sciences her sophomore year and she is so excited to serve the Capstone for another year as Secretary of the Senate. In addition to SGA, Grace is involved in Gamma Phi Beta sorority where she currently serves as the Public Relations Vice President.

Sarah Mason Avery
smavery@crimson.ua.edu
Sarah Mason Avery is a sophomore from Tuscaloosa, Alabama majoring in Public Health on the Pre-Optometry track. She served as a First-Year Councilor during her freshman year and is excited to continue serving UA and The College of Human Environmental Sciences as a member of SGA.

Paige Hoss
pyhoss@crimson.ua.edu
Paige Hoss is a sophomore from Delray Beach, FL and she is studying Hospitality Management with a concentration in Meeting and Event Planning. Paige served on First-Year Council and is elated to have the opportunity to serve a senator for CHES.
PRE-HEALTH PROFESSIONS ADVISING

Are you in a Pre-Health professions track, like pre-Med or pre-PT? The University of Alabama’s Office of Health Professions Advising (OHPA) works with students to prepare for a variety of health profession careers. Visit the Health Professions Advising website to connect with a pre-health advisor, learn about the pre-requisites for each program, how to add or remove a pre-health track to your degree plan, and how to subscribe to the email list.

You’ll still see your HES major advisor each semester for advising, but Pre-Health professions advising is important as you prepare for post-graduate medical programs.
TIDE TOGETHER SUPPORT FUND

The Tide Together Student Support Fund is an assistance program administered through the Division of Student Life that provides students with access to short term financial help in times of need. Due to the current public health crisis, many students lack the financial resources needed to travel home, to find alternate housing arrangements, or to simply afford food. Some may even lack the technical and digital access to take classes online. The Tide Together Support Fund provides a lifeline for these students.

To learn more about the Tide Together Student Support Fund, please visit https://bamacares.sa.ua.edu/student-assistance/emergency-assistance/.

If you are interested in helping, please visit https://give.ua.edu/tidetogther.
ACADEMIC ADVISING

Do you need to speak to an academic advisor?

Please schedule an advising appointment by logging into our online scheduling system.

*Please remember to check your Crimson e-mail often.*

If you have advising questions, e-mail your assigned academic advisor directly or e-mail Student Services at hesstudentservices@ches.ua.edu.

Visit our [website](http://ches.ua.edu) for advising information related to specific majors.